

Mid-Year Report Prepared for Tedy's Team January 2025



We continue to be grateful for Tedy's Team's incredible commitment to Shirley Ryan AbilityLab through its generous support of the hospital's stroke-related programs. We are thrilled to share the impact of Tedy's Team's gift since July 2024, detailed below. Tedy's Team has contributed to countless recoveries to date and continues to help us offer critical programming for individuals from around the country who have experienced a stroke. Thank you for your incredible partnership!

Patient & Family Housing for Stroke Patients

20 patients and families from 10 states received 494 overnight stays

Each year, thousands of patients and families come to Shirley Ryan AbilityLab from near and far for the best in rehabilitation care. Many travel from every corner of the globe, leaving their homes and communities. Thanks to our Patient and Family Housing Program, they remain together, focused on every milestone and goal.

With support from Tedy's Team, our program has provided 20 stroke patients and families to date with accommodations at the Hyatt Centric Chicago Magnificent Mile — removing both a significant financial barrier and source of stress. These families traveled from 10 states (including California, Wisconsin, Oregon, Texas, Missouri, Florida, Arkansas, Michigan, Colorado and downstate Illinois) and were able to enjoy the comforts of home and the tremendous benefit of participating in their loved one's recovery.

Charity Care for Stroke Patients

30 stroke patients received \$25,790 in unreimbursed care

At Shirley Ryan AbilityLab, we are dedicated to providing the highest quality care, regardless of a patient's ability to pay. Those in need receive access to the full range of inpatient, outpatient and day rehabilitation services, as well as the creation and fitting of prosthetic limbs and orthotic braces; recreational therapy; and assistive technology.

Since receiving Tedy's Team's generous donation, Shirley Ryan AbilityLab has provided \$25,790 in unreimbursed care to 30 adult patients who recently experienced a stroke. Support from Tedy's Team is helping these low-income residents live better and healthier lives, ensuring that their health and future is not determined by their financial circumstances.

Intensive Comprehensive Aphasia Program

2 program participants have been identified

Shirley Ryan AbilityLab offers its first-of-its-kind Intensive Comprehensive Aphasia Program four times per year. Therapy is provided by licensed, certified speech-language pathologists who are among the most experienced in the field of aphasia treatment. Participation in full-day, five-day-a-week sessions represents a total of 30 hours of speech and language therapy each week and aims to offer the best opportunity for improved communication.

Currently, the Intensive Comprehensive Aphasia Program is a fee-for-service program with costs averaging over \$23,000 per session. With unprecedented support from Tedy's Team, we have identified two patients for the Spring 2025 session who otherwise would not be able to afford the program.

- Participant 1 is a 45-year-old father from central Illinois who experienced aphasia after having a stroke in 2024. He has 7 children; the oldest is 14. After his stroke, he could only say 8 words. Today, he is now able to say simple

sentences but would like to express more and work on reading and writing. He does some "homework" with one of his young sons who has a developmental disability, so they practice exercises together!

- Participant 2 is a 32-year-old father from Minnesota who experienced aphasia after sustaining a gunshot wound in 2020. He was in a coma and non-verbal for a year after his injury. He is now communicating but has trouble thinking of the words he wants to say. He is independent in getting himself dressed and cooking simple meals, but he would like to communicate better with his family.

Both patients are planning to participate in the April 2025 session, thanks to the generosity of Tedy's Team.

Stroke Patient & Family Education – Henry B. Betts, MD, LIFE Center

216 patients and families received critical stroke education and health resources

Upon admission to Shirley Ryan AbilityLab, the Henry B. Betts, MD LIFE Center provides each stroke patient with a hand-selected collection of resources and information about what causes a stroke, how to remain healthy and mitigate the risk of future strokes, and other topics on enhancing wellness. We are excited to share the following updates since receiving support from Tedy's Team:

- The LIFE Center webpage (www.sralab.org/lifecenter), which strives to be a clearinghouse of excellent consumer health information, recently added direct links to www.TedysTeam.org and continues to upload quality resources for our patients and community members.
- Once a week, an Education Program Manager presented a 30-minute live stroke education session that was available for viewing within patient rooms. These virtual sessions detailed types of strokes, their causes, ways to adjust your lifestyle to reduce the risk of future strokes, and what to do in a possible future emergency (promoting Tedy's Team's "Be Fast" acronym). Average views ranged from 35 to 60 patients and family members per week.
- Each week, the Brain Innovation Center hosted two inpatient group education session facilitated by Education Program Managers and clinical staff. Patients reviewed the types and causes of strokes, lifestyle changes and warning signs. These groups offered stroke survivors the opportunity to discuss educational material in more detail, as well as learn from each other.
 - Shirley Ryan AbilityLab recently piloted this program model at our Alliances and is teaching clinical staff how to facilitate educational groups for stroke survivors. The program is upscaling to meet the needs of other sites of care.
- In addition to group education, the LIFE Center hosted "Child Friendly Sessions" in which medical realities were discussed in a developmentally appropriate way. For example, when describing a stroke, the team used the metaphor of a "road being blocked." As the body heals, "new roads are built to get around that block." Children participated with an image driven workbook that they got to keep.
- Peer Mentors share their lived experience with patients, offering perspective, hope and the gift of their story. Since receiving support from Tedy's team, Peer Mentors who survived a stroke met with 74 patients.

We are grateful to Tedy's Team for its trust in Shirley Ryan AbilityLab and its investment in our life-changing mission. Your support and partnership directly fuel hope and recovery for countless patients and community members who have experienced a stroke, empowering them to thrive. Thank you for your partnership!



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