FAQ'S

WHY A VIRTUAL RACE?
Many people have contacted us from around the globe looking for a fun way to get involved and give back in their hometown. What better way than a virtual.

WHY THE DATES AND DISTANCES?
Everything has a meaning at Tedy’s Team® so our virtual was no different.
- We chose 5.4k because Tedy’s number when he played for the Patriots was #54. May 4th is 54.
- We chose 6.8k because Tedy’s number when he played for the Arizona Wildcats was #68. June 8th is 68.
- We chose 10k because it is attainable for everyone, even those starting out, if you train. We chose July 4th because July 4, 2019 Tedy suffered a TIA.

WHAT DO I DO?
It’s easy! Register for the distance(s) or pack, pay the fee, and on the respective date you can run or walk outside or inside! Your call!

WHERE DO I RUN OR WALK?
Wherever you like! Just make sure it is safe and you abide by all rules of the road! You can run or walk on a track or even a treadmill!

DO I HAVE TO RUN AT A CERTAIN TIME?
Nope! Morning, lunch time, after work...all your call! That’s the beauty of a virtual race!

Any questions, please email elizabeth@tedysteam.org